



30-DAY CHALLENGE

Check if you have been compromised online

My information hasn't been breached, right? In this challenge, you will check if your online accounts have been compromised. **Visit [Have I Been Pwned](#)** to see if your account has been compromised in a verified data breach. Knowing your current state will help you improve your cyber hygiene practices. Be mindful if you still reuse the same credentials and passwords for multiple accounts and the potential domino effect across accounts.



What you need to know

In an earlier challenge, we learned that cyber criminals may conduct information gathering exercises on us because as public servants, we are gateways to valuable information, systems, networks and other assets. By completing the other challenge, you now know some of the information about you that could have been used against you or the organization. A good rule of thumb is that it is **better to prevent or limit rather than mitigate or treat.**