

PROTECT YOURSELF FROM THE MOST COMMON CYBER THREATS



For individuals, your personal behaviours online are just that – personal. How you manage your accounts, or what level of security you choose to implement is your choice. But at the very least, it should be an informed choice. We developed the following steps, because they are simple to put into practice, yet when implemented as a set they are very effective.

1

Practice good password etiquette.



2

Accept updates to your mobile devices, computers, and applications.



3

Secure your social media and email accounts.



4

Be on guard for phishing messages.



5

Store your data securely and know your back-up procedures.

