Interested in information security careers?

You don't necessarily need formal technical training to get into the information security industry. Experience and education from different backgrounds can often be an asset when applying for jobs. Here's how you can learn more about information security and gain practical experience without starting your education or career from scratch.

How can I transition into the information security field with no technical training?

- Attend information security related events, such as U of T's Coffee with the CISO sessions.
- Enrol in information security training. For example, the Cybersecurity Boot Camp program offered by the University of Toronto School of Continuing Studies.
- Research information security-related jobs that interest you and explore related online resources, education and events.

How can I get into the industry if I have no experience?

- Join experiential opportunities like capture the flag events.
- Engage in practical work experiences like co-ops and internships.
- Find mentors from the industry through networking events or simply cold calling them.

Who can succeed in the information security field?

People who are motivated, inquisitive and have a genuine interest in information security. Another bonus is having good interpersonal skills, such as communication and adaptability.

For more information, contact us at security@utoronto.ca or visit the Information Security website.